

Cub Scout Sports: Skateboarding



REQUIREMENTS

Tiger Cubs, Cub Scouts, and Webelos Scouts may complete requirements in a family, den, pack, school, or community environment. Tiger Cubs must work with their parents or adult partners. Parents and partners do not earn loops or pins.

Belt Loop

Complete these three requirements:

- _____ 1. Demonstrate to an adult the general rules for safe skateboarding by showing that you know how to wear the proper safety gear.
- _____ 2. Carefully demonstrate how to fall to help minimize injuries.
- _____ 3. Practice skateboarding for 30 minutes. This practice may be done in several periods.

Sports Pin

Earn the Skateboarding belt loop and complete five of the following requirements:

- _____ 1. Figure out your skateboard stance—whether you are regular or goofy footed.
- _____ 2. Demonstrate proper stance, feet positions, knee bending, pushing off, turning, and stopping on flat ground.

- _____ 3. Using pictures, explain to your den or family the difference between street, skate park, and vertical skateboarding.
- _____ 4. List five ways skateboarders should be considerate and respectful of other people and their property when they are skateboarding.
- _____ 5. View a skateboarding video.
- _____ 6. Attend a pro skateboarder demonstration.
- _____ 7. Show that you know how to lubricate the bearings and keep your skateboard clean.
- _____ 8. Apply grip tape to your skateboard.
- _____ 9. Skateboard at a skate park for 30 minutes.
- _____ 10. Demonstrate three of the following maneuvers: ollie, nollie, frontside, grab, kickturn, carving.
- _____ 11. Describe how to determine a safe area to skateboard.