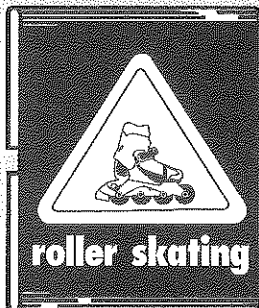


Cub Scout Sports: Roller Skating



REQUIREMENTS

Tiger Cubs, Cub Scouts, and Webelos Scouts may complete requirements in a family, den, pack, school, or community environment. Tiger Cubs must work with their parents or adult partners. Parents and partners do not earn loops or pins.

Belt Loop

Complete these three requirements:

- _____ 1. Explain ways to protect yourself while roller skating or in-line skating, and the need for proper safety equipment.
- _____ 2. Spend at least 30 minutes practicing the skills of roller skating or in-line skating.
- _____ 3. Go skating with a family member or den for at least three hours. Chart your time.

Sports Pin

Earn the Skating belt loop and complete five of the following requirements:

- _____ 1. Participate in a pack or community skating event.
- _____ 2. Demonstrate how to disassemble and reassemble skates.
- _____ 3. Explain the proper clothing for roller or in-line skating.

- _____ 4. Spend at least 15 minutes, on two occasions, practicing warm up exercises before skating.
- _____ 5. Play a game of roller hockey.
- _____ 6. Learn and demonstrate two new roller skating skills: forward scissors, forward stroking, crossover, or squat skate.
- _____ 7. Participate in a roller or in-line skating skill development clinic.
- _____ 8. Demonstrate how to stop quickly and safely.
- _____ 9. Demonstrate how to skate backward. Skate backward for five feet.
- _____ 10. Play a game on roller skates, roller blades, or in-line skates.

The Roller Skating belt loop and pin include roller blading and in-line skating. See Ice Skating for information on hockey, speedskating, and figure skating.